

OB/Postpartum Skills Checklist

Instructions

- 1 - No Experience (Instruction only, no hands on experience.)
- 2 - Minimal Experience (Have experience but has performed procedure infrequently. Minimal assistance needed.)
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Medication Administration		Experience
Administer From a Stock Medication System		① ② ③ ④
Use a Unit Dose system		① ② ③ ④
Administer IM, SC Medications (i.e. Narcotics)		① ② ③ ④
Use of Patient Controlled Analgesia Pump		① ② ③ ④
Monitor IV Drips		① ② ③ ④
Phlebotomy/IV Therapy		Experience
Draw Blood		Experience
Arterial Stick		① ② ③ ④
Venous Stick		① ② ③ ④
Central Line		① ② ③ ④
External Radiotherapy		① ② ③ ④
Start IV Lines		① ② ③ ④
Regulate IV's		① ② ③ ④
Mix IV Infusion Using Additives		① ② ③ ④
Discontinue Peripheral IV's		① ② ③ ④
Use IV Infusion Pumps		① ② ③ ④
Use Heparin Locks		① ② ③ ④
Institute and Monitor Blood/Blood Products		① ② ③ ④
Measure CVP Readings		① ② ③ ④
Patient controlled Analgesia		① ② ③ ④
Aseptic Technique Relative to OB		Experience
Circulate, Scrub for a Postpartum Tubal Ligation		① ② ③ ④
Assist with an AROM Procedure		① ② ③ ④
Assist with Placement of Fetal Scalp Electrodes for Internal Monitoring		① ② ③ ④
Insert a Straight or Foley Catheter		① ② ③ ④
Obstetric Techniques and Procedures		Experience
Conduct a Stress Test (Oxytocin Challenge Test)		① ② ③ ④
Conduct a Non-Stress Test (NST)		① ② ③ ④
Perform Cardiopulmonary Resuscitation (Adult)		① ② ③ ④
Perform Cardiopulmonary Resuscitation (Infant)		① ② ③ ④

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Obstetric Techniques and Procedures	Experience
Ultrasound for Fetal Position	① ② ③ ④
Triage of OB Patients	① ② ③ ④
Leopold Maneuvers	① ② ③ ④
Age of Patients Cared For	Experience
Infants and Toddlers (ages 0-3 years)	① ② ③ ④
Young Children (ages 4-6 years)	① ② ③ ④
Older Children (ages 7-12 years)	① ② ③ ④
Adolescents (ages 13-20 years)	① ② ③ ④
Young Adults (ages 21-39 years)	① ② ③ ④
Middle Adults (Ages 40-64)	① ② ③ ④
Older Adults (ages 65-69)	① ② ③ ④
Adults (ages 80 and over)	① ② ③ ④
Immediate Care of Infant Post-Birth	Experience
Assess Infant and Assign Apgar	① ② ③ ④
Suction Infant	① ② ③ ④
Weigh Infant	① ② ③ ④
Identify Infant using Bracelet, Footprints and Mother's Bands	① ② ③ ④
Administer Vitamin K IM and Eye Prophylaxis	① ② ③ ④
Collect Cord Blood Samples	① ② ③ ④
Perform Emergency Baptism	① ② ③ ④
Transfer to Newborn Nursery	① ② ③ ④
With Maternal History of Substance Abuse	① ② ③ ④
Postpartum Assessment	Experience
Fundus Consistency	① ② ③ ④
Lochia	① ② ③ ④
Bladder Distention	① ② ③ ④
Episiotomy	① ② ③ ④
Incision (for Caesarean Delivery)	① ② ③ ④
Physical Assessment	① ② ③ ④

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Postpartum Intervention		Experience
Fundal Massage		① ② ③ ④
Provide Perineal Care		① ② ③ ④
Assist with Initial Breastfeeding Attempts		① ② ③ ④
Assess/Foster Parent-Infant Bonding		① ② ③ ④
Post-Anesthesia Recovery Care		Experience
Spinal		① ② ③ ④
Epidural		① ② ③ ④
General		① ② ③ ④
Implement Measures to Initiate Voiding if distention occurs		① ② ③ ④
Interventions for Post C-Sections		① ② ③ ④
JCAHO		Experience
JCAHO National Safety Goals		<input type="checkbox"/>
JCAHO Prohibited Abbreviations		<input type="checkbox"/>