

# OB/Postpartum Skills Checklist

## Instructions

- 1 - No Experience (Instruction only, no hands on experience.)
- 2 - Minimal Experience (Have experience but has performed procedure infrequently. Minimal assistance needed.)
- 3 - Experienced (Competent to perform the procedure, task, or skill independently.)
- 4 - Proficient (Able to demonstrate, perform the task or skill proficiently without any assistance.)

Medication Administration	Experience
Administer From a Stock Medication System	① ② ③ ④
Use a Unit Dose system	① ② ③ ④
Administer IM, SC Medications (i.e. Narcotics)	① ② ③ ④
Use of Patient Controlled Analgesia Pump	① ② ③ ④
Monitor IV Drips	① ② ③ ④
Draw Blood	Experience
Arterial Stick	① ② ③ ④
Venous Stick	① ② ③ ④
Central Line	① ② ③ ④
External Radiotherapy	① ② ③ ④
Start IV Lines	① ② ③ ④
Regulate IV's	① ② ③ ④
Mix IV Infusion Using Additives	① ② ③ ④
Discontinue Peripheral IV's	① ② ③ ④
Use IV Infusion Pumps	① ② ③ ④
Use Heparin Locks	① ② ③ ④
Institute and Monitor Blood/Blood Products	① ② ③ ④
Measure CVP Readings	① ② ③ ④
Patient controlled Analgesia	① ② ③ ④
Aseptic Technique Relative to OB	Experience
Circulate, Scrub for a Postpartum Tubal Ligation	① ② ③ ④
Assist with an AROM Procedure	① ② ③ ④
Assist with Placement of Fetal Scalp Electrodes for Internal Monitoring	① ② ③ ④
Insert a Straight or Foley Catheter	① ② ③ ④
Obstetric Techniques and Procedures	Experience
Conduct a Stress Test (Oxytocin Challenge Test)	① ② ③ ④
Conduct a Non-Stress Test (NST)	① ② ③ ④
Perform Cardiopulmonary Resuscitation (Adult)	① ② ③ ④
Perform Cardiopulmonary Resuscitation (Infant)	① ② ③ ④
Ultrasound for Fetal Position	① ② ③ ④
Triage of OB Patients	① ② ③ ④
Leopold Maneuvers	① ② ③ ④

# OB/Postpartum Skills Checklist

## Instructions

- 1 - No Experience (Instruction only, no hands on experience.)
- 2 - Minimal Experience (Have experience but has performed procedure infrequently. Minimal assistance needed.)
- 3 - Experienced (Competent to perform the procedure, task, or skill independently.)
- 4 - Proficient (Able to demonstrate, perform the task or skill proficiently without any assistance. )

Page 2 of 3

Age of Patients Cared For	Experience
Infants and Toddlers (ages 0-3 years)	① ② ③ ④
Young Children (ages 4-6 years)	① ② ③ ④
Older Children (ages 7-12 years)	① ② ③ ④
Adolescents (ages 13-20 years)	① ② ③ ④
Young Adults (ages 21-39 years)	① ② ③ ④
Middle Adults (Ages 40-64)	① ② ③ ④
Older Adults (ages 65-69)	① ② ③ ④
Adults (ages 80 and over)	① ② ③ ④
Immediate Care of Infant Post-Birth	Experience
Assess Infant and Assign Apgar	① ② ③ ④
Suction Infant	① ② ③ ④
Weigh Infant	① ② ③ ④
Identify Infant using Bracelet, Footprints and Mother's Bands	① ② ③ ④
Administer Vitamin K IM and Eye Prophylaxis	① ② ③ ④
Collect Cord Blood Samples	① ② ③ ④
Perform Emergency Baptism	① ② ③ ④
Transfer to Newborn Nursery	① ② ③ ④
With Maternal History of Substance Abuse	① ② ③ ④
Postpartum Assessment	Experience
Fundus Consistency	① ② ③ ④
Lochia	① ② ③ ④
Bladder Distention	① ② ③ ④
Episiotomy	① ② ③ ④
Incision (for Caesarean Delivery)	① ② ③ ④
Physical Assessment	① ② ③ ④
Postpartum Intervention	Experience
Fundal Massage	① ② ③ ④
Provide Perineal Care	① ② ③ ④
Assist with Initial Breastfeeding Attempts	① ② ③ ④
Assess/Foster Parent-Infant Bonding	① ② ③ ④

# OB/Postpartum Skills Checklist

## Instructions

- 1 - No Experience (Instruction only, no hands on experience.)
- 2 - Minimal Experience (Have experience but has performed procedure infrequently. Minimal assistance needed.)
- 3 - Experienced (Competent to perform the procedure, task, or skill independently.)
- 4 - Proficient (Able to demonstrate, perform the task or skill proficiently without any assistance. )

Post-Anesthesia Recovery Care	Experience
Spinal	① ② ③ ④
Epidural	① ② ③ ④
General	① ② ③ ④
Implement Measures to Initiate Voiding if distention occurs	① ② ③ ④
Interventions for Post C-Sections	① ② ③ ④
JCAHO	Experience
JCAHO National Safety Goals	<input type="checkbox"/>
JCAHO Prohibited Abbreviations	<input type="checkbox"/>