

# Physical Therapy Skills Checklist

## Instructions

- 1 - No Experience (Instruction only, no hands on experience.)
- 2 - Minimal Experience (Have experience but has performed procedure infrequently. Minimal assistance needed.)
- 3 - Experienced (Competent to perform the procedure, task, or skill independently.)
- 4 - Proficient (Able to demonstrate, perform the task or skill proficiently without any assistance. )

Orthopedic	Experience
Arthritis Programs	① ② ③ ④
Back Syndromes	① ② ③ ④
Hand Injuries	① ② ③ ④
Hip Fractures	① ② ③ ④
Mobilization Techniques	① ② ③ ④
Neck Injuries	① ② ③ ④
Total Hip/Knee Replacement	① ② ③ ④
Total Joint Replacement/upper extremities	① ② ③ ④
Transmandibular Joint Dysfunction	① ② ③ ④
Neurologic	Experience
Head Trauma	① ② ③ ④
Neurosurgery	① ② ③ ④
Spinal Cord Injuries	① ② ③ ④
Stroke Equipment	① ② ③ ④
Adaptive Equipment	① ② ③ ④
Functional Splinting	① ② ③ ④
Sports Medicine	Experience
Biodex	① ② ③ ④
Bracing/Joint Immobilization	① ② ③ ④
Cybex	① ② ③ ④
LIDO	① ② ③ ④
Nautilus/Eagle	① ② ③ ④
Orthotron	① ② ③ ④
Strength and Endurance Training	① ② ③ ④
Taping/Strapping	① ② ③ ④
Prosthetics/Orthotics	Experience
Above knee prosthetics	① ② ③ ④
Ankle foot orthosis	① ② ③ ④
Below knee prosthetics	① ② ③ ④
Modalities/Manual Skills	Experience
Biofeedback	① ② ③ ④

# Physical Therapy Skills Checklist

## Instructions

- 1 - No Experience (Instruction only, no hands on experience.)
- 2 - Minimal Experience (Have experience but has performed procedure infrequently. Minimal assistance needed.)
- 3 - Experienced (Competent to perform the procedure, task, or skill independently.)
- 4 - Proficient (Able to demonstrate, perform the task or skill proficiently without any assistance. )

Modalities/Manual Skills	Experience
Muscle Stimulation	① ② ③ ④
Fluidotherapy	① ② ③ ④
Parrafin Bath	① ② ③ ④
Edema Massage	① ② ③ ④
Feeding Techniques	① ② ③ ④
Oral Motor Facilities	① ② ③ ④
Therapeutic Pool	① ② ③ ④
TENS	① ② ③ ④
Ultrasound	① ② ③ ④
Iontophoresis	① ② ③ ④
JOBST Compression Pump	① ② ③ ④
JCAHO	Experience
JCAHO National Safety Goals	<input type="checkbox"/>
JCAHO Prohibited Abbreviations	<input type="checkbox"/>