

# Rehabilitation/LTC Skills Checklist

## Instructions

- 1 - No Experience (Instruction only, no hands on experience.)
- 2 - Minimal Experience (Have experience but has performed procedure infrequently. Minimal assistance needed.)
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Physical Therapy	Experience
Strength exercises	① ② ③ ④
Balance and Coordination	① ② ③ ④
Flexibility and conditioning	① ② ③ ④
Pain relief techniques	① ② ③ ④
Whirlpool Treatment	① ② ③ ④
Home assessment and modification	① ② ③ ④
Occupational Therapy	Experience
Nerve and muscle re-education	① ② ③ ④
Retraining In-home management skills	① ② ③ ④
Wheelchair modification	① ② ③ ④
Home assessment and modification	① ② ③ ④
Speech Therapy	Experience
Communication skills assessment and retraining	① ② ③ ④
Swallowing difficulties assessment and treatment	① ② ③ ④
Hearing deficit assessment	① ② ③ ④
Hearing aid instruction	① ② ③ ④
Alternative communication instruction	① ② ③ ④
General	Experience
Experience with stroke patients	① ② ③ ④
General Teaching Skills	① ② ③ ④
Experience with joint replacement, fractures, and related Orthopedic injuries	① ② ③ ④
Communicate effectively with physicians	① ② ③ ④
Communicate effectively with family members	① ② ③ ④
Wound Care/Medical	① ② ③ ④
Wound Care/Surgical	① ② ③ ④
Dressing Changes	① ② ③ ④
Skin Assessment	① ② ③ ④
Suture/Staple removal	① ② ③ ④
Cast care	① ② ③ ④
PICC Insertion	① ② ③ ④
PICC Site Care	① ② ③ ④
Hemiplegia	① ② ③ ④

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General	Experience
Paraplegia	① ② ③ ④
Total Joint Replacements	① ② ③ ④
Prosthesis Application	① ② ③ ④
Sliding Boards	① ② ③ ④
Discharge Planning	① ② ③ ④
Team Charting	① ② ③ ④
Stump wrapping	① ② ③ ④
GT/PEG Feedings	① ② ③ ④
Nebulizer Use	① ② ③ ④
Trauma - Lacerations	① ② ③ ④
MDS Assessments	① ② ③ ④
Care of the patient receiving Chemotherapy	① ② ③ ④
Standard Extremity Braces	① ② ③ ④
TPN Protocols and Site Care	① ② ③ ④
Use of Transfer/Lift Devices	① ② ③ ④
Use of Restraints	① ② ③ ④
Universal Precautions	① ② ③ ④
Care of the patient in Isolation	① ② ③ ④
Discharge Planning	① ② ③ ④
Advanced Directives	① ② ③ ④
Electronic Documentation	① ② ③ ④
Electronic Medication Dispensing	① ② ③ ④
Interpretation and Communication of Lab Values	① ② ③ ④
UR/Medicare Review	① ② ③ ④
Bowel programs	① ② ③ ④
Intermittent Catherization	① ② ③ ④
Diabetic Teaching	① ② ③ ④
Cardiac	Experience
Assessment of heart sounds	① ② ③ ④
Identification of Arrhythmias (rate/rhythm)	① ② ③ ④
Holter Monitor	① ② ③ ④
Cardiac Arrest/CPR	① ② ③ ④
Use of Rapid Response Teams	① ② ③ ④

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Cardiac	Experience
Care of Patient with: Hypertension	① ② ③ ④
Care of Patient with: Pre/Post MI	① ② ③ ④
Care of Patient with: CHF	① ② ③ ④
Care of Patient with: Post Cardiac Surgery	① ② ③ ④
Care of Patient with: Fluid & Electrolyte Imbalances	① ② ③ ④
Medication Administration of Anticoagulants	① ② ③ ④
Medication Administration of Anti-arrhythmics	① ② ③ ④
Medication Administration of Beta Blockers	① ② ③ ④
Medication Administration of Nitroglycerin	① ② ③ ④
Medication Administration of Diuretics	① ② ③ ④
Respiratory	Experience
Assessment/Auscultation of Lung Sounds	① ② ③ ④
Establishing an Airway	① ② ③ ④
Chest PT	① ② ③ ④
Incentive Spirometry	① ② ③ ④
Supplemental Oxygen (Cannula, Facemask)	① ② ③ ④
Tracheostomy Care	① ② ③ ④
Nasotracheal Suctioning	① ② ③ ④
Mechanical Ventilation	① ② ③ ④
Care of Patient with: Chest Tubes	① ② ③ ④
Care of Patient with: Pneumonia	① ② ③ ④
Care of Patient with: Tuberculosis	① ② ③ ④
Care of Patient with: Asthma	① ② ③ ④
Care of Patient with: COPD	① ② ③ ④
Care of Patient with: Emphysema	① ② ③ ④
Use and Administration of Bronchodilators	① ② ③ ④
Use and Administration of Expectorants	① ② ③ ④
Use and Administration of Corticosteroids	① ② ③ ④

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Neurology		Experience
Assessment of Neuro Signs		① ② ③ ④
Glasgow Coma Scale		① ② ③ ④
Seizure Precautions		① ② ③ ④
Halo Traction		① ② ③ ④
TBI—Traumatic Brain Injury		① ② ③ ④
Care of Patient with: Seizure Activity		① ② ③ ④
Care of Patient with: Spinal Cord Injury		① ② ③ ④
Care of Patient with: Multiple Sclerosis		① ② ③ ④
Care of Patient with: Alzheimer's Disease		① ② ③ ④
Care of Patient with: Parkinson's Disease		① ② ③ ④
Care of Patient with: ALS (Amyotrophic Lateral Sclerosis)		① ② ③ ④
Use and Administration of: Anti-seizure medications		① ② ③ ④
Gastrointestinal		Experience
NG Tube (insertion/removal)		① ② ③ ④
Long term feeding tubes (Dobhoff / Keofeed)		① ② ③ ④
Monitoring input / output		① ② ③ ④
Care of Patient with: Colostomy / Ileostomy		① ② ③ ④
Care of Patient with: GI Bleed		① ② ③ ④
Care of Patient with: Pre/Post Abdominal surgery		① ② ③ ④
Care of Patient with: Feeding devices/ Adaptive Equipment		① ② ③ ④
Care of Patient with: Dietary Restrictions		① ② ③ ④
Use and Administration of: Anti-emetics		① ② ③ ④
Use and Administration of: Laxatives		① ② ③ ④
Use and Administration of: Enemas		① ② ③ ④
Use and Administration of: Bowl Prep		① ② ③ ④
JCAHO		Experience
JCAHO National Safety Goals		<input type="checkbox"/>
JCAHO Prohibited Abbreviations		<input type="checkbox"/>